How to feel more connected with your Growing Up Son

Review and Reflect Guide

Film 3 - 7 Steps to Feeling More Connected

After your second viewing of Film 3, use this sheet to jot down your thoughts and ideas.

A. Key Points	B. Think about your son. Which behaviour or issues has this film helped you to understand better?
	I now understand
C. Which positive actions could you take to help you feel more connected to your son?	D. What would you still like to know?
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